

JAMES METZ MEMORIAL FUND PRESENTS:

# 2<sup>ND</sup> ANNUAL

JUNE 4<sup>TH</sup>, 2016

10:00 AM SHARP

KEYSA PARK

LANCASTER, NY



CHANCE TO WIN \$1000 CASH ON THE DAY OF THE RACE

**REGISTER ONLINE AT:**

[www.jamesmetzmemorialfund.org/2016-5k-application](http://www.jamesmetzmemorialfund.org/2016-5k-application)  
or [itsyourrace.com](http://itsyourrace.com) or

Paper registration by completing the form below, cut at the line & return payment to:  
5 Arrow Trail Lancaster, NY 14086

Please make checks payable to: James Metz Memorial Fund

PROCEEDS TO BENEFIT THE BASKETBALL COURTS AT KEYSA PARK  
IN HONOR OF JAMES METZ

**PRE-REGISTRATION - \$25.00**  
**(T-Shirts to the first 300 registrants)**  
**Day of Race - \$30.00**  
**Post party after the race.**

**Race Packet Pick Up:**  
**Friday, June 3<sup>rd</sup> 7pm-9pm**  
**Or**  
**Race Day, June 4<sup>th</sup> 6am-9am**  
**At Keysa Park Lancaster, NY**

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

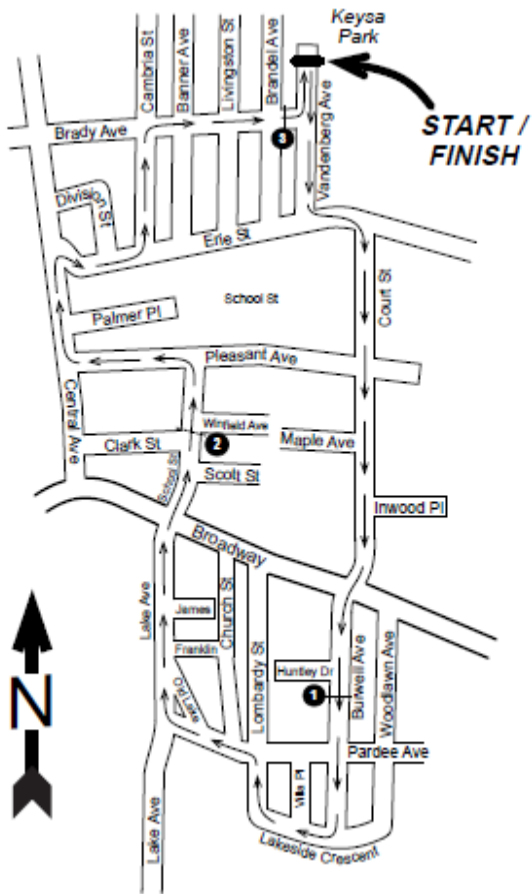
Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Check all applicable:  Male  Female T-shirt Size \_\_\_\_\_ Email: \_\_\_\_\_  
(T-Shirts are dry fit moisture-wick [men's sizes])

I am participating at my own risk and waive all claims of every nature against the organizers, officials, sponsors and any other participating agencies with respect to any personal loss, illness, bodily injury or death resulting from participating in these activities. I also fully understand the rigors of such competition and have prepared myself physically for the race. At the time of registration, I will inform the race organizers regarding any relevant medical condition.

\*\*I agree to follow the rules which govern road racing. I, the undersigned, have read the above waiver and release, and understand that I have given up substantial rights by signing it and sign voluntarily.

Signature of runner /guardian if runner is under 18 \_\_\_\_\_



### Mile Splits

- START** 74 Vandenberg Ave at Keyesa Park, and 8 feet north of Pole # 295 NYT 9, and 89.5 feet north of north edge of parking lot and 79 feet 5 inches north of steel grate.
- 1 MILE** 50 Burwell Ave 33 feet before Pole # NYSEG 204/8 VZ 8.
- 2 MILE** 38 School St, and 66 feet past Clark St.
- 3 MILE** Brady St 36 feet past (east of) Brandel Ave.
- FINISH** Same location as the START.



Certified Course  
**NY15007JJ**  
 Effective: 4/02/2015  
 Through: 12/31/2025

## Cash Drawing

1<sup>st</sup> Prize- \$650

2<sup>nd</sup> Prize-\$250

3<sup>rd</sup> Prize- \$100

Presale Tickets Available

1 ticket for \$1

6 tickets for \$5

Contact Nora Gregoire at  
[gregoire.matt@gmail.com](mailto:gregoire.matt@gmail.com)